



Post-Graduate Program in Psychoanalysis (LP-Qualifying)

Updated November 2024

Pulsion's Mission

LP Qualifying Program Description and Structure

Psychoanalytic candidates face a new situation in the contemporary world. Our mission embraces a psychoanalytic theory and technique built on the foundation of the economic model of Freud's theories of the drives, language, and the Other meeting the demands of cultural evolution. Pulsion aims to foster a deep appreciation for the unconscious, for the Other that resides within, and meet the zeal of those who want to learn and practice psychoanalysis. Because this Otherness resists domestication, Pulsion places equal emphasis on the subject as an individual and the subject who is part of a social fabric, especially the ways in which the social has failed individuals.

Diversity of culture, socioeconomic status, national origin, race, ethnicity, and gender identity contribute to Pulsion's wellspring of generativity and creativity. We bring together candidates from all different backgrounds; academic, artistic, and clinical. Pulsion always operates at the "border": one of several boundaries is between different psychoanalytic points of view, such as those of Lacan, Klein, Winnicott, the Paris School of Psychosomatics, and other post-Freudian theories that place Freud's discovery of the drives and the unconscious as central. This work at the border promotes dialogue among various theories by advancing new psychoanalytic ideas rather than resolving or integrating them. Clinical praxis is in dynamic tension with theory. Paying close attention to the analytic process, our candidates immerse themselves in analytic work. Analytic technique is geared towards facilitating the work of the preconscious, and with that, the subject's capacity for free association, symbolic thinking, creativity, and desire.

Pulsion, in recognizing the inherent asymmetrical relationship between the Institute and candidates, sees candidates as fully active participants in their own formation as analysts. This participation includes a role in the timing of increasing analytic cases and other important decisions that come to shape analytic training. Pulsion candidates are also active participants in the formation of the collective experience of their immediate community and the work within Pulsion across faculty and candidates. The social link in the formation of an analyst is the bedrock of Pulsion training in which participation means taking an active and ethical stance.



LP Qualifying Program Description

The Certificate Training Program in Psychoanalysis (hereafter LP Qualifying Program or LPQ) offers an intensive curriculum with a focus on psychoanalytic theory, the application of psychoanalysis to clinical practice, the economics of the drives, desire, language and psychoanalytic psychosomatics. The Pulsion curriculum is based on the tripartite model of didactical training: weekly seminars, clinical training and supervision of three psychoanalytic cases, and personal analysis. This Training Program provides candidates with a well-rounded foundation in Freudian and post Freudian theory and technique, adequate as such to extend the scope of psychoanalysis to work with a wide range of clinical issues among contemporary patients. These patients include not only, but also children and adolescents with diverse backgrounds (age, race and ethnicity, gender, socioeconomic status, cultural).

Clinical Training: All candidates will complete psychoanalyses of no fewer than three analytic cases with sessions occurring at least three times per week over a minimum of two years, with a minimum of 900 hours total. Candidates are encouraged to maintain their control cases throughout their training or until appropriate termination. Candidates are also encouraged to pick up new analytic patients if existing cases terminate.

All candidates are supervised once weekly in one-on-one supervision for a minimum total of 150 hours throughout the duration of each analysis.

After completion of the foundational year and upon supervisors' recommendations all non-licensed candidates enter into the LP qualifying component of Pulsion. All licensed candidates enter into year two of the 5-year LPQ program. Pulsion contracts with Rose Hill Psychological Services P.C., a professional psychotherapy practice located in Manhattan and the Bronx, to provide analytic/clinical cases for both non-licensed candidates and candidates whose licenses require continuing supervision. Fully licensed professionals may see patients in their private offices and may additionally chose to see patients through Rose Hill.

Personal Analysis: All trainees in the Foundation Year and candidates in the LPQ are required to be in their own personal analysis, attested to by their analyst, throughout their analytic training. This requirement exceeds the NYSED minimum of three times per week over two years.

Didactical Training: The curriculum coursework presented in this document constitutes the didactical training that candidates will receive once matriculated into the LPQ Certificate Program at Pulsion.

LP Qualifying Program Structure

The first year is a non-clinical, foundational year in which candidates without clinical licensure are exposed to the fundamentals of clinical psychoanalytic theory and practice. Candidates entering the LP preparatory program with a clinical license have a waiver for this year and may proceed directly to the second year of the LP qualifying 5-year Psychoanalytic training.

The Psychoanalytic component of the curriculum, after the foundational year, is constructed across three modules per term, two semesters per year, over the 4 following years. Each module has one module chair



and various course instructors. Each year's curriculum is constructed in a similar manner, with three courses each semester, which progress by building upon the foundation of the previous year(s) of study.

Module 1 is on Psychoanalytic Psychosomatics. This sequence continues throughout the training, advancing from one term to the next. In this Module, we start with an overview by the Paris psychosomatic school and advance to more in depth theory and technique alternating with Lacanian and post Lacanian perspectives on the body and jouissance. Clinical material alternates with theoretical texts.

Module 2 is on reading the corpus of Freud's work, focusing on the drives and the importance of Freud's economic model. As with Module 1, this line of study continues throughout the training and advancing from one term to the next, moving eventually into post-Freudian theory. The module is organized thematically by selecting works of Freud from various chronological periods around the themes of the drives/body, the unconscious/language, the object, fantasy and culture.

Module 3 is on clinical praxis, starting with the basics of Psychoanalytic Theory and Technique (foundational year) and advancing to Transitional Psychoanalysis (Year 2) with a specific focus on play and the preconscious, progressing into advanced clinical case seminars in Year 3, 4, and 5.

The curriculum also includes courses relevant and necessary for NY State licensure in psychoanalysis as well as sociocultural influences on growth and development, ethno-analytic research, and ethical considerations in practice.

Foundational Year Program for Non-Licensed Professionals

This foundational year is for applicants who do not have a clinical license or clinical graduate degree (see Provisional Admissions to LP Qualifying Program below).

The Foundational Year Program for Non-Licensed Professionals (hereafter the Foundational Year) is a one-year program for applicants with master's degrees or more in disciplines such as the humanities and the arts, who do not have a license to practice in New York State. This is the first year of the 5-year LPQ psychoanalytic training. This Foundational Year, (waived for candidates entering the training with a clinical license) constitutes a pre-psychoanalytic training year designed to prepare non-licensed professionals to enter into patient care and to begin as candidates in the remaining 4-years of the LPQ. Foundational Year trainees participate in clinical case presentations, study groups, didactical training, mentorship, and in their own analysis.

Foundational Year Program Structure

- A. Each trainee is required to have started their own analysis, minimum of three times per week for the duration of the foundation year.
- B. Yearly long courses:
 - Freud Seminar
The class is part of Module 2 following the corpus of Freud's work. Foundational Year trainees are in this course with incoming Year 2 candidates with licenses.



Diagnosis and Psychopathology

The class meets weekly with assigned readings that cover psychodiagnosis (DSM vs structural diagnosis) and psychopathology from a Freudian and post-Freudian point of view.

Introduction to Psychoanalytic Theory and Clinical Technique

The class meets weekly with assigned readings that cover basic clinical topics; presenting problem, the initial interview, establishing the frame, initial phase, transference/countertransference, working with resistance and counter resistance, working with dreams and parapraxes, the end of the session, breaks and terminations. Variations in technique according to Freudian, Lacanian, Kleinian and Winnicottian practices will be explored.

Participation in clinical seminars:

Candidates are encouraged to participate in various clinical seminars where individual, couple, and group psychoanalysis is presented and discussed.

C. Advisor

Trainees will choose a Pulsion supervisor as their Foundational Year advisor. The Advisor meets with the candidates over the course of the year to discuss progress in the Foundational Year as the trainees look to progress into the LPQ. Advisors serve as mentors and also represent the trainee to the Progression Committee that makes the final decision on progressing trainees into the LPQ.

Admission Process

To be admitted to Pulsion programs, applicants must proceed with Pulsion Institute's admission process (see above).

To apply, the applicant must possess:

- a Master's or doctorate in any academic discipline or a Master or doctorate degree in medicine, psychology, social work, or psychiatric nursing

The application package consists of:

- A letter of interest addressed to Executive Director and Admissions Committee
- A current CV/resume
- Official copy of post-graduate transcript indicating successful completion of their degree (master's level or higher) from their degree-granting institute. Official transcripts can be sent to:
Admissions Committee - Pulsion Institute
321W 44th street, #510, NY, NY 10036
- A \$100 application fee paid via Zelle, credit card, or check to Pulsion



Letter of interest, requests for payment details and CV can be emailed to info@pulsioninstitute.com.

Applications are submitted, beginning in January 1, for evaluation for the academic year beginning September 1 of the same year. Applicants are contacted after initial screening of their application materials to arrange interviews with three admissions committee faculty members.

Admissions decisions will be made by May-June for entry in September.

Admissions Criteria

Interviews will evaluate the applicant's level of preparedness to complete psychoanalytic training successfully, and will include assessment of:

- Emotional maturity and capacity for insight
- Understanding of and preparedness for the scope of commitment required for psychoanalytic training in terms of dedicated focus, time, and money.

Provisional Admissions to LP Qualifying Program

Professionals with non-license graduate degrees are offered provisional admission into the 5-year LPQ Program with the proviso that entry into the LPQ component requires successful completion of a Foundational Year training program.

Fees And Payment

A nonrefundable application fee of \$100.00 must accompany each application for admissions.

Tuition

The basic tuition for Pulsion candidates for years 2-5 is \$2,250 per semester. There are two semesters each academic year with three courses per semester. The semester tuition is payable at the start of each semester.

The tuition for the Foundation Year, Year 1, is \$1,125/semester. Year 1 has two semesters with a minimum of three seminars per semester (theoretical and clinical).

Supervision

The current rate for supervision of analytic cases is \$75/week for each 3x per week analytic case.

Unlicensed candidates do not receive fees for analytic cases. However, they receive weekly supervision for these cases at no cost.



FAQ

1. What is the weekly schedule?

The course schedule is on a semester basis, with Fall and Spring semesters comprising 15 weeks each. Summer break is from June through September.

There are 3 seminars each semester, with additional optional electives.

All classes are 1.5 hours long and on weekdays. Optional electives, when offered, are on weekdays.

2. What are the options for remote study?

The LPQ Program is a Greater New York City based program. Remote study is not available for prospective candidates, except with special permission of the Admissions Committee and formal approval by the Board of Directors. Faculty members are based in New York City and around the world and facilitate courses remotely, on occasion, as needed.

Classes will be held on-site at the Pulsion location in NYC. Where indicated, there will be a hybrid synchronous option with zoom log-in.

Distance learning for unlicensed and licensed professionals is possible on a case-by-case basis for three courses in 2024 – 2025.

3. Can I stay with my current analyst?

We respect the privacy and choice of a candidate's personal psychoanalyst and the multiple paths to becoming a psychoanalyst. Working with candidates who are beginning to take on their first psychoanalytic patients requires experience. It is necessary that one's psychoanalyst has either graduated from a psychoanalytic institute and be well into private practice or has demonstrated substantially equivalent training and recognition in the field as a practicing psychoanalyst, as confirmed by the admissions committee.

4. Is there financial aid or scholarships available?

At this time Pulsion does not offer scholarships or financial aid. Payment plans for course tuition is possible on a case-by-case need basis. Pulsion can also recommend NYC-based psychoanalysts who offer sliding scale training analysis to candidates.